## A M P E D IMMERSIVES – *PURE FREQUENCY AQUA DEEP-HEALING SOUND-BATH*

Takes you deeper than you expect – a potent 22 minute PURE FREQUENCY DESIGN DEEP-HEALING IMMERSIVE SOUNDBATH to promote profound self-healing – perfect accompaniment for self-healing sessions or sessions healing others, perfect sonic-backdrop for meditation, neigong and qigong, martial arts, yoga or rock-climbing practice, ideal sonic atmosphere-cleanser especially when played through external sound delivery system on repeat in any space – at work, rest or play.

## For:

Grounding your force
Cleansing your system
Rebalancing your energy flow
Restoring your vitality
Resetting your field
Returning you to the root of all being
Making you feel utterly splendid

68 hertz activates base core energy and fortifies kidney chi 110 hertz inclines your person into your back 300 hertz cleanses the forebrain to refresh the story 432 hertz activates heart chi to increase sense of beauty of everything 528 hertz activates miracle-mind

In an astonishing ever-shifting alternating 22 minute sequence that both settles and stirs to leave you feeling utterly refreshed, renewed and restored - rrr'd

Use headphones or earpieces or play on a quality system for full immersion – advanced frequency design as used in the AMPED Volumes, subtly augmented and embellished with non-intrusive yet discreetly evocative melodic and textural nuances to produce notably altered states of mind and energy-flow, designed to stimulate and give added flow to the influence of the three 'psychic chambers', comprising the Taoist anatomy of the 'immortal spirit body', which is what actually governs the physical.

When sonically stimulated the lower chamber, co-spatial with the lower abdomen, produces more raw energy and hence physical power; the middle chamber, co-spatial with the heart, produces more delight; and the upper chamber, co-spatial with the brain, produces greater cognitive awareness.

Frequencies deployed in various combinations to produce the desired effect:

68 hertz stimulates the base or root of the lower chamber and activate the 'jing' or raw animal power which the body transforms into life-force or chi in the upper area of the chamber just under the belly button.

110 hertz stimulates the upper area of the lower chamber just below the belly button to make the transmutation of raw animal power into life-force or chi more efficient.

300 hertz stimulates the body's self-mending mechanisms and simultaneously soothes the lateral prefrontal lobe region of the brain to calm the story-telling mind and induce presence.

432 hertz stimulates the heart area and induces the state of perpetual delight un-referenced to any external factors.

528 hertz stimulates the brain to induce greater and greater cognitive awareness, improved recall, increased mental clarity and focus and positive thinking.

These are used in various combinations to urge the energy to move where it needs to go to optimise your state of mind and physicality. Each frequency is also split into channels, panned far left and right with a differential of 12 hertz to create a series of binaural beats in the midbrain.

Listen while doing other things or use to help meditation or sleep.

For best results use all three consecutively on a daily basis for a while.

Combine this with daily application of the Pure Frequency for Purification sound-bath and you'll feel so amazingly renewed you'll be having a hard time quelling the impulse to shout "AMPED IMMERSIVES RULE" from the rooftops for all the world to hear.

WARNING: can be highly habit-forming and hard to stop playing – if in doubt consult your nearest chiropodist or electrician – NOT TO BE USED WHILE SWIMMING UNDER WATER, FLYING ADVANCED ANTIGRAVITY VEHICLES, DRIVING, CYCLING, OR OPERATING CRANES AND HEAVY MACHINERY